

THE SORROWFUL MYSTERIES

(on Fridays... of Suffering and Grief)

1. The Agony in the Garden

Matthew 26:36-39. "Then Jesus came with them into a country place which is called Gethsemani; and he said to his disciples: 'Sit you here, till I go yonder and pray.' And taking with him Peter and the two sons of Zebedee, he began to grow sorrowful and to be sad. Then he saith to them: 'My soul is sorrowful even unto death: stay you here, and watch with me.' And going a little further, he fell upon his face, praying, and saying: 'My Father, if it be possible, let this chalice pass from me. Nevertheless not as I will, but as thou wilt.'"

2. The Scourging at the Pillar

Mark 15:15. "And so Pilate being willing to satisfy the people, released to them Barabbas, and delivered up Jesus, when he had scourged him, to be crucified."

3. The Crowning with Thorns

Matthew 27:27-29. "Then the soldiers of the governor taking Jesus into the hall, gathered together unto him the whole band; and stripping him, they put a scarlet cloak about him. And plating a crown of thorns, they put it upon his head, and a reed in his right hand. And bowing the knee before him, they mocked him, saying: Hail, king of the Jews."

4. The Carrying of the Cross

Mark 15:21-22. "And they forced one Simon a Cyrenian who passed by, coming out of the country, the father of Alexander and of Rufus, to take up his cross. And they bring him into the place called Golgotha, which being interpreted is, the place of Calvary."

5. The Crucifixion and Death of Jesus

Luke 23:33-46. "And when they were come to the place which is called Calvary, they crucified him there; and the robbers, one on the right hand, and the other on the left. And Jesus said: 'Father, forgive them, for they know not what they do'... And it was almost the sixth hour; and there was darkness over all the earth until the ninth hour. And the sun was darkened, and the veil of the temple was rent in the midst. And Jesus crying with a loud voice, said: 'Father, into thy hands I commend my spirit.' And saying this, he gave up the ghost."

THE FAITHFUL MYSTERIES

(on Saturdays... of Love)

1. The Solemnity of Our Lord Jesus Christ

Matthew 27:51-52. "And behold the veil of the temple was rent in two from the top even to the bottom, and the earth quaked, and the rocks were rent. And the graves were opened: and many bodies of the saints that had slept arose."

2. The Affirmation of Our Lord Jesus Christ

Matthew 27:54. "Now the centurion and they that were with him watching Jesus, having seen the earthquake, and the things that were done, were sore afraid, saying: 'Indeed this was the Son of God.'"

3. The Sacrifice of Redemption

John 19:34-35. "But one of the soldiers with a spear opened his side, and immediately there came out blood and water. 35. And he that saw

it, hath given testimony, and his testimony is true. And he knoweth that he saith true; that you also may believe."

4. The Entombing of Jesus' Body

John 19:40-42. "They took therefore the body of Jesus, and bound it in linen cloths, with the spices, as the manner of the Jews is to bury. Now there was in the place where he was crucified, a garden; and in the garden a new sepulchre, wherein no man yet had been laid. There, therefore, because of the parasceve of the Jews, they laid Jesus, because the sepulchre was nigh at hand."

5. The Vigil in Fear of the Lord

Matthew 27:64-66. "Command therefore the sepulchre to be guarded until the third day: lest perhaps his disciples come and steal him away, and say to the people: 'He is risen from the dead; and the last error shall be worse than the first.' Pilate saith to them: 'You have a guard; go, guard it as you know.' And they departing, made the sepulchre sure, sealing the stone, and setting guards."

THE GLORIOUS MYSTERIES

(on Sundays... of Eternal Life)

1. The Resurrection of Our Lord

Luke 24:1-6. "And on the first day of the week, very early in the morning, they came to the sepulchre, bringing the spices which they had prepared. And they found the stone rolled back from the sepulchre. And going in, they found not the body of the Lord Jesus. And it came to pass, as they were astonished in their mind at this, behold, two men stood by them, in shining apparel. And as they were afraid, and bowed down their countenance towards the ground, they said unto them: 'Why seek you the living with the dead? He is not here, but is risen.'"

2. The Ascension of Our Lord

Mark 16:19. "And the Lord Jesus, after he had spoken to them, was taken up into heaven and sitteth on the right hand of God."

3. The Descent of the Holy Spirit

Acts 2:1-4. "And when the days of the Pentecost were accomplished, they were all together in one place: and suddenly there came a sound from heaven, as of a mighty wind coming, and it filled the whole house where they were sitting. And there appeared to them parted tongues as it were of fire, and it sat upon every one of them: and they were all filled with the Holy Ghost, and they began to speak with divers tongues, according as the Holy Ghost gave them to speak."

4. The Assumption of Mary into Heaven

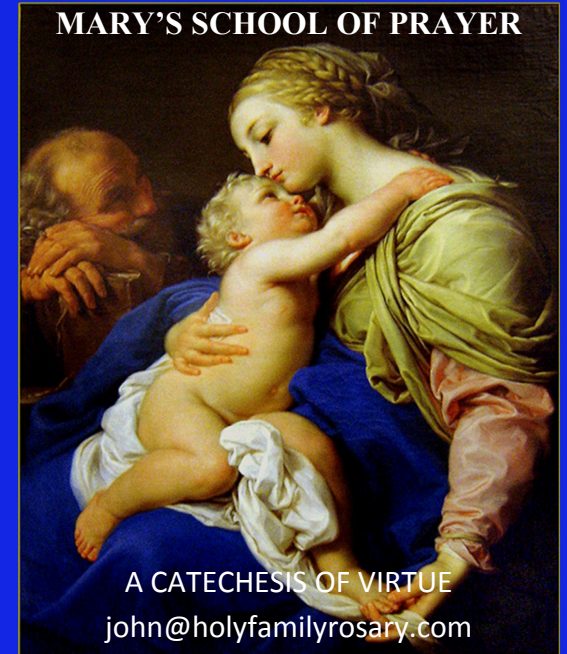
Luke 1:48-49. "Because he hath regarded the humility of his handmaid; for behold from henceforth all generations shall call me blessed. Because he that is mighty, hath done great things to me; and holy is his name."

5. The Coronation of Mary as Queen of Heaven

Revelation 12:1. "And a great sign appeared in heaven: A woman clothed with the sun, and the moon under her feet, and on her head a crown of twelve stars:"

Pope Benedict XVI appealed to Our Lady for such aid, praying: "Holy Mary, Mother of God, our Mother, teach us to believe, to hope, to love with you. Show us the way to his Kingdom! Star of the Sea, shine upon us and guide us on our way!" (Encyclical *Spe Salvi*: 50.)

MARY'S SCHOOL OF PRAYER



A CATECHESIS OF VIRTUE
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Meditating on these inspiring mysteries of faith, hope and charity—**together with the Holy Rosary**—form a lovely catechesis of God's mercy, Mary's graceful virtue and the love of God's Son in a week of holy prayer.

The **Merciful Mysteries** recall the major Old Testament Covenants of God that are fulfilled through Jesus Christ as recalled in the Glorious Mysteries. They prepare us in **faith** with the Queen of Mercy to receive Our Lord .

The **Gracious Mysteries** inspire our response with right reason to **hope** in Christ. Isaiah's prophecy [11:1-3] of the rod from Jesse's root and the gifts of the Holy Spirit are revealed fulfilled in Jesus while Our Lady of Grace is seeking knowledge from Our Lord. In these mysteries we discern how the fruits of the Holy Spirit unfold.

The **Faithful Mysteries** reveal the order of the Mass and the establishment of Christ's Church by the piercing of Jesus' side—outpouring the **charity** of God from His Sacred Heart. Our Mother Mary remains vigil with us in daily remembrance of her Son's Sacrifice of the Cross, interceding for us to follow Jesus Christ and learning of God's Son through her loving Immaculate Heart.

THE MERCIFUL MYSTERIES
(on Mondays... of Blessing and Belief)

1. The Revelation of God in Creation

Genesis 1:1-5. "In the beginning God created heaven and earth. And the earth was void and empty, and darkness was upon the face of the deep; and the spirit of God moved over the waters. And God said: 'Be light made.' And light was made. And God saw the light that it was good; and he divided the light from the darkness. And he called the light Day, and the darkness Night; and there was evening and morning one day."

2. The Promise to Abraham and his Seed

Genesis 22:17-18. "I will bless thee, and I will multiply thy seed as the stars of heaven, and as the sand that is by the sea shore: thy seed shall possess the gates of their enemies. And in thy seed shall all the nations of the earth be blessed, because thou hast obeyed my voice."

3. The Passover of the Lord of Israel

Exodus 12:14. "And this day shall be for a memorial to you; and you shall keep it a feast to the Lord in your generations, with an everlasting observance."

4. The Law and Testament of Moses

Deuteronomy 5:1-3. "And Moses called all Israel, and said to them: 'Hear, O Israel, the ceremonies and judgments, which I speak in your ears this day: learn them, and fulfill them in work. The Lord our God made a covenant with us in Horeb. He made not the covenant with our fathers, but with us, who are now present and living.'"

5. The Prophecy of God's Kingdom in David's Son

2 Samuel 7:12-14. "And when thy days shall be fulfilled, and thou shalt sleep with thy fathers, I will raise up thy seed after thee, which shall proceed out of thy bowels, and I will establish his kingdom. He shall build a house to my name, and I will establish the throne of his kingdom for ever. I will be to him a father, and he shall be to me a son."

THE JOYFUL MYSTERIES
(on Tuesdays... of Adoration)

1. The Annunciation of Our Lord

Luke 1:26-27. "And in the sixth month, the angel Gabriel was sent from God into a city of Galilee, called Nazareth, to a virgin espoused to a man whose name was Joseph, of the house of David; and the virgin's name was Mary."

2. The Visitation with Elizabeth

Luke 1:39-42. "And Mary rising up in those days, went into the hill country with haste into a city of Juda. And she entered into the house of Zachary, and saluted Elizabeth. And it came to pass, that when Elizabeth heard the salutation of Mary, the infant leaped in her womb. And Elizabeth was filled with the Holy Ghost: And she cried out with a loud voice, and said: 'Blessed art thou among women, and blessed is the fruit of thy womb.'"

3. The Nativity of Our Lord

Luke 2:1-7. "And it came to pass, that in those days there went out a decree from Caesar Augustus, that the whole world should be en-

rolled. This enrolling was first made by Cyrinus, the governor of Syria. And all went to be enrolled, every one into his own city. And Joseph also went up from Galilee, out of the city of Nazareth into Judea, to the city of David, which is called Bethlehem: because he was of the house and family of David, to be enrolled with Mary his espoused wife, who was with child. And it came to pass, that when they were there, her days were accomplished, that she should be delivered. And she brought forth her firstborn son, and wrapped him up in swaddling clothes, and laid him in a manger; because there was no room for them in the inn."

4. The Presentation in the Temple

Luke 2:21-24. "And after eight days were accomplished, that the child should be circumcised, his name was called JESUS, which was called by the angel, before he was conceived in the womb. And after the days of her purification, according to the law of Moses, were accomplished, they carried him to Jerusalem, to present him to the Lord: As it is written in the law of the Lord: Every male opening the womb shall be called holy to the Lord: And to offer a sacrifice, according as it is written in the law of the Lord, a pair of turtledoves, or two young pigeons:"

5. The Finding of Jesus in the Temple

Luke 2:41-47. "And his parents went every year to Jerusalem, at the solemn day of the pasch. And when he was twelve years old, they going up into Jerusalem, according to the custom of the feast, and having fulfilled the days, when they returned, the child Jesus remained in Jerusalem; and his parents knew it not... And it came to pass, that, after three days, they found him in the temple, sitting in the midst of the doctors, hearing them, and asking them questions. And all that heard him were astonished at his wisdom and his answers."

THE GRACIOUS MYSTERIES
(on Wednesdays... of Hope)

1. The Supplication of Mary of Our Lord

Luke 2:48. "And seeing him they wondered. And his mother said to him: 'Son, why hast thou done so to us? Behold, thy father and I have sought thee sorrowing.'"

[Book I] Psalm 1:1-2. "Blessed is the man who hath not walked in the counsel of the ungodly, nor stood in the way of sinners, nor sat in the chair of pestilence. But his will is in the law of the Lord, and on his law he shall meditate day and night."

2. The Petition of Fortitude of Our Lord

Luke 2:49. "And he said to them, 'How is it that you sought me? Did you not know, that I must be about my Father's business?'"

[Book II] Psalm 42 [41]:1-4. "As the hart panteth after the fountains of water; so my soul panteth after thee, O God. My soul hath thirsted after the strong living God; when shall I come and appear before the face of God? My tears have been my bread day and night, while it is said to me daily: Where is thy God? These things I remembered, and poured out my soul in me: for I shall go over into the place of the wonderful tabernacle, even to the house of God: With the voice of joy and praise; the noise of one feasting."

3. The Intercession of Counsel of Our Lord

Luke 2:50. "And they understood not the word that he spoke unto them."

[Book III] Psalm 78 [77]:1-2. "Attend, O my people, to my law: incline your ears to the words of my mouth. I will open my mouth in parables: I will utter propositions from the beginning."

4. The Thanksgiving of Understanding of Our Lord

Luke 2:51. "And he went down with them, and came to Nazareth, and was subject to them. And his mother kept all these words in her heart."

[Book IV] Psalm 95 [94]:2-3. "Let us come before his presence with thanksgiving; and make a joyful noise to him with psalms. For the Lord is a great God, and a great King above all gods."

5. The Wisdom of Praising the Lord

Luke 2:52. "And Jesus advanced in wisdom, and age, and grace with God and men."

[Book V] Psalm 111 [110]:1-3; "I will praise thee, O Lord, with my whole heart; in the council of the just: and in the congregation. Great are the works of the Lord: sought out according to all his wills His work is praise and magnificence: and his justice continueth for ever and ever."

THE LUMINOUS MYSTERIES
(on Thursdays... of Light)

1. The Baptism in the Jordan

Matthew 3:16-17. "And Jesus being baptized, forthwith came out of the water: and lo, the heavens were opened to him: and he saw the Spirit of God descending as a dove, and coming upon him. And behold a voice from heaven, saying: 'This is my beloved Son, in whom I am well pleased.'"

2. The Wedding Feast of Cana

John 2:1-5. "And the third day, there was a marriage in Cana of Galilee: and the mother of Jesus was there. And Jesus also was invited, and his disciples, to the marriage. And the wine failing, the mother of Jesus saith to him: 'They have no wine.' And Jesus saith to her: 'Woman, what is that to me and to thee? my hour is not yet come.' His mother saith to the waiters: ' whatsoever he shall say to you, do ye.'"

3. The Proclamation of God's Kingdom

Mark 1:15. "And saying: 'The time is accomplished, and the kingdom of God is at hand: repent, and believe the gospel.'"

4. The Transfiguration at Mount Olive

Matthew 17:1-2. "And after six days Jesus taketh unto him Peter and James, and John his brother, and bringeth them up into a high mountain apart: and he was transfigured before them. And his face did shine as the sun: and his garments became white as snow."

5. The Institution of the Eucharist

Matthew 26:26. "And whilst they were at supper, Jesus took bread, and blessed, and broke: and gave to his disciples, and said: 'Take ye, and eat. This is my body.'"